



Indian Medical Association

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Press Note

April 7, 2019 : On the occasion of World Health Day, the Lucknow branch of Indian Medical Association organized a Health Checkup Camp at Ummeed Raen Basera, opposite to the Indira Gandhi Planetarium, Lucknow. Dr. Rukhsana Khan, President of the UP Women Doctor's Wing along with Dr. Pranjal Agarwal, executive member of the IMA Lucknow branch gave free of cost consultation to around 120 patients during the day. Free services included Health Checkup, Prescription, Medicines and tests such as Blood Pressure and Hemoglobin.

Dr. A.M. Khan, President Uttar Pradesh State branch of Indian Medical Association, Dr. G.P. Singh, President, Lucknow branch of Indian Medical Association, Dr. J.D. Rawat, Hon. Secretary Lucknow branch of Indian Medical Association, Dr. Sarita Singh, Joint Secy, Lucknow branch of Indian Medical Association, Dr. Rakesh Singh, Past President, Lucknow branch of Indian Medical Association, were also present at the Mega Health Checkup camp.

Later, a CME was organized at River Bank Colony situated IMA Bhawan, where Dr. A.M. Khan, President of the UP State Branch of Indian Medical Association, being the Chief Guest of the program inaugurated the CME.

Dr. Rakesh Singh, Senior Physician & cardiologist discussed about Holistic health care. He said, that to treat a patient all forms of approaches should be given equal importance. Ultimately, the motto is that as there is increase in the diseases everyday, the goal should be to promote wellness.

Dr. M. Aleem Siddiqui, Psychiatrist spoke on How can a layman recognize symptoms of mental illness. He said that if a person remains confused, has problems with sleep, changes in eating habits, feels sad or down, has excessive fears or worries, excessive anger, or in a habit of alcohol or other drugs, all these problems if they are causing socio occupational dysfunctioning, then a person must see a Psychiatrist.

Dr. Pranjal Agarwal, Executive of Lucknow branch of Indian Medical Association & Incharge of IMA OPD mentioned that IMA is looking forward to complete its Social Welfare agenda. To facilitate the same, IMA Lucknow branch organized Health Checkup camp on World Health Day. He also said that apart from the above, IMA Lucknow is operating a daily free OPD at IMA Bhawan everyday from 3.00 to 5.00 PM, except Sundays where patients from poor socio-economic background come for Free Consultation and medicines. Dr. G.P. Singh, President of Lucknow branch of Indian Medical Association thanked all the IMA officials for organizing the Health Checkup camp CME.

Later, Dr. J.D. Rawat, Secretary of Lucknow IMA gave vote of thanks to all the members present.



Dr. G.P. Singh

President

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